1. LAMA stands for
   (a) Left Against Medical Advice  (b) Leave Application for Medical Advice
   (c) Limited Access to Medical Advice (d) None of these

2. 1 tablespoon is equals to
   (a) 10 drops     (b) 15 drops
   (c) 20 drops     (d) 60 drops

3. Bone exposed due to pressure store is staged as:
   (a) Stage I   (b) Stage II
   (c) Stage III (d) Stage IV

4. When performing external cardiac compression on an adult during CPR, the rescuer should depress
   the sternum.
   (a) 0.5 to inch.   (b) 1 to 1.5 inch.
   (c) 1.5 to 2 inch. (d) 2 to 2.5 inch.

5. The temperature of water for a complete bed bath is
   (a) 98° F   (b) 105° F
   (c) 120° F  (d) 180° F

6. During Intravenous cannulation, tourniquet should be applied
   (a) 2.5cm above the site   (b) 5cm above the site
   (c) 8cm above the site     (d) 10cm above the site

7. To avoid bacterial proliferation, blood transfusion set should be changed after
   (a) 2 units   (b) 4 units
   (c) 6 units   (d) 8 units

8. The parameters assessed in ABC analysis are
   (a) Sodium Bicarbonate, pH.
   (b) Sodium Bicarbonate, carbon dioxide, pH.
   (c) Sodium Bicarbonate, carbon dioxide, oxygen, pH.
   (d) Carbon dioxide, oxygen, pH.

9. An elevation in the partial pressure of the CO₂ in arterial blood (PaCO₂) indicates that the patient has
   (a) Hypercapnia (b) Hypernatremia
   (c) Hypoxaemia  (d) Hypocalcaemia
10. Using Abraham Maslow’s hierarchy of human needs, a nurse assigns highest priority to client’s
   (a) Security needs (b) Elimination needs
   (c) Safety needs (d) Belonging needs

11. The greatest source of infectious disease transmissions is through
   (a) The nose (b) The hands
   (c) The mouth (d) The ears

12. Drugs are mainly metabolized in the
   (a) Kidney (b) Colon
   (c) Liver (d) Stomach

13. In case of shock, the most appropriate position is
   (a) Supine (b) Trendelenburg
   (c) Prone (d) Fowlers

14. Appropriate technique for back massage is
   (a) Effleurage (b) Buckling
   (c) Tanning (d) Priding

15. Health Belief model was formulated in the year 1975 by
   (a) Becker (b) Smith
   (c) Dunn (d) Leavell and Clark

16. The nurse decides to take an apical pulse instead of a radial pulse. Which of the following client
   conditions influences the nurse’s decision?
   (a) A client with an arrhythmia (b) An 18 hour postoperative client
   (c) A client in shock (d) A client’s response to orthostatic changes

17. Lactated Ringer’s solution is contraindicated in
   (a) Hypovolemia (b) Burns
   (c) Lactic acidosis (d) Fluid lost as bile or diarrhea

18. The gradual decrease of the body’s temperature after death is called
   (a) Livor mortis (b) Rigor mortis
   (c) Algor mortis (d) Non of these

19. Comprehensive, individualized care provided by the same nurse throughout the period of care refers to
   (a) Primary nursing (b) Team nursing
   (c) Home health nursing (d) Critical care nursing

20. When providing a continuous enteral feeding, which of the following action is essential for the nurse
    to do?
    (a) Place the patient on the left side of the bed (b) Attach the feeding bag to the current tubing
    (c) Elevate the head of the bed (d) Cold the formula before administering

21. The stool discharge from ostomy is called
    (a) Effluent (b) Cathartics
    (c) Colonic fluid (d) Mucosa

22. A principle of good body mechanics includes
    (a) Keeping the knees in locked position
    (b) Maintaining a wide base of support and bending at the knees
    (c) Bending at the waist to maintain a center of gravity
    (d) Holding objects away from the body for improved leverage
23. The wound at last regeneration phase of tissue repair may be protected by applying a
   (a) Transparent film  (b) Hydrogel dressing
   (c) Collogenase dressing  (d) Wet to dry dressing

24. Maintaining a Foley catheter drainage bag in the dependent position prevents:
   (a) Urinary reflux  (b) Urinary retention
   (c) Reflex incontinence  (d) Urinary incontinence

25. What recommendation should a nurse give to a 55 years old patient with blood pressure of 150/90 mm Hg?
   (a) It is normal BP for your Age  (b) Recheck your BP 2 weeks later
   (c) Recheck your BP after 6 month  (d) Recheck your BP after 1 year

26. When a nurse make home visit to evaluate 79 yrs old client, which symptom suggested that the client is having Transient Ischemic Attack (TIA)?
   (a) A client report having brief period of unilateral weakness
   (b) A client report having brief period of mental depression
   (c) A client report having brief period of photosensivity
   (d) A client report having brief period of stabbing head pain

27. The three cardinal features the nurse would expect to find in a patient with Parkinson’s disease are
   (a) Amnesia, echolalia, apraxia  (b) Paresthesia, drowsiness, incontinence
   (c) Tremor, rigidity, bradykinesia  (d) Diplopia, dysphagia, dysarthria

28. The nurse is explaining cryotherapy to a client who has a detached retina. What would be a major purpose for the procedure?
   (a) Create a scar that promote healing  (b) Disintegrate debris in the eye
   (c) Freeze small blood vessels  (d) Halt secretion of the lacrimal duct

29. An adult has experienced cardiac arrest and the nurse is performing CPR. What is the correct hand position on the client’s chest?
   (a) Two finger width above the xiphoid process  (b) Over the upper half of the sternum
   (c) Two finger width below the sternal notch  (d) Over the xiphoid process

30. In assessing clients for pernicious anemia, the nurse should be alert for which of the following risk factors?
   (a) Positive family history  (b) Acute or chronic blood loss
   (c) Infectious agents or toxins  (d) Inadequate dietary intake

31. A client is admitted for splenectomy. What problem is the nurse aware that could develop?
   (a) Infection  (b) Congestive heart failure
   (c) Urinary retention  (d) Viral hepatitis

32. When auscultating the lung fields, a sound described as a rustling, like a wing in the tree is heard. What is the correct term for this occurrence?
   (a) Crackles  (b) Rhonchi
   (c) Wheezes  (d) Vesicular

33. A client has a hemorrhoidectomy. Which activity by the client will demonstrate the client has good understanding of post operative discharge instruction?
   (a) Reduce her fluid intake for several weeks after her surgery
   (b) Vigorously clean her perianal area with soap and water after every bowel movement
   (c) Limit her activities to bed rest for at least 6 hours a day
   (d) Include more fresh fruits and vegetables in her diet
34. The nurse is caring for a client who is on hemodialysis and has an arteriovenous fistula, which finding is expected when assessing the fistula?
   (a) Ecchymotic area  (b) Enlarged veins
   (c) Pulselessness  (d) Redness

35. The nurse is teaching an adult client who has Type I diabetes mellitus about ketoacidosis. What is the primary cause for the development of ketoacidosis?
   (a) GI disturbance  (b) An insulin over dosage
   (c) Omitted meals  (d) Not taking insulin regularly

36. A client is seen in the outpatient clinic for treatment of psoriasis. The nurse should anticipate which of the following findings in this man?
   (a) Intense pain  (b) Discolored nails
   (c) Abdominal lesions  (d) Hyperpigmented skin

37. An adult was burned in a house fire 16 hours ago. She suffered second and third degree burn over 65% of her body. She is receiving lactated Ringer at 200 ml/h. Which intervention is a priority at this time?
   (a) Monitoring hourly urine output  (b) Assessing for signs and symptoms of infection
   (c) Performing range of motion 1-2 hour  (d) Meeting the high caloric needs of the client

38. Maximum time limit for tracheobronchial suctioning is
   (a) 1 to 2 seconds  (b) 3 to 5 seconds
   (c) 10 to 15 seconds  (d) 1 to 2 minutes

39. At birth, eye is usually
   (a) Hypermetropic  (b) Myopic
   (c) Emmetropic  (d) Aniseikonic

40. Urinary stone is formed by all the following except
   (a) Magnesium  (b) Calcium oxalate
   (c) Uric acid  (d) Calcium phosphate

41. Recommended surgical procedure for otosclerosis is
   (a) Mastoidectomy  (b) Stapedectomy
   (c) Myringotomy  (d) None of these

42. In hypoparathyroidism serum calcium level will be
   (a) Increased  (b) Decreased
   (c) Remain normal  (d) No effect

43. The final stage of healing following a fracture is
   (a) Formation of granulation tissue  (b) Osteoblast deposition
   (c) Osteoblast remoulding  (d) Formation of callus

44. 90% of nosebleeds are from
   (a) Anterior part of nose  (b) Posterior part of nose
   (c) Lateral part of nose  (d) None of these

45. The three pain-related symptoms referred to as the “Terrible Triad” are
   (a) Depression, disease and disability  (b) Suffering, sleeplessness and sadness
   (c) Trauma, illness and depression  (d) Headache, arthritis and fibromyalgia
46. Huntington’s disease is characterized by
   (a) Chorea (b) Loss of vision
   (c) Gait stone (d) Abnormal sensation

47. Early indicator of hypoxia in an unconscious patient is
   (a) Cyanosis (b) Increased respiration
   (c) Hypertension (d) Restlessness

48. The term Tylectomy refers to
   (a) Excision of skin (b) Excision of breast
   (c) Excision of lump (d) Excision of lymph nodes

49. Muscle that does not flex the thigh is
   (a) Rectus femoris (b) Gracilis
   (c) Sartorius (d) Tensor fascia lata

50. The gas commonly used in cryosurgery is
   (a) O₂ (b) N₂
   (c) CO₂ (d) H₂

51. The concept of social medicine is introduced by
   (a) Jules Guerin (b) Newman
   (c) Leeuwenhoek (d) Hippocrates

52. Cold chain temperature range is
   (a) +1° to +8°C (b) +2° to +8°C
   (c) +3° to +8°C (d) +4° to +8°C

53. Norplant contraceptive is an example of
   (a) Subdermal implant (b) IUD’s
   (c) Injectable hormone (d) Oral pills

54. The first case of AIDS in India was reported in the year
   (a) 1981 (b) 1983
   (c) 1985 (d) 1987

55. The immunoglobulin transported across the placenta is
   (a) IgM (b) IgD
   (c) IgA (d) IgG

56. Area of “SILENCE ZONE” around a hospital, institution or court is a radius of
   (a) 100 meters (b) 150 meters
   (c) 200 meters (d) 250 meters

57. The prevention of Food Adulteration ACT was enacted in the year
   (a) 1865 (b) 1954
   (c) 1965 (d) 1975

58. The first five-year plan in India was started in the year
   (a) 1950 (b) 1951
   (c) 1961 (d) 1965
59. Sentinel surveillance is designed to
   (a) Detect total no. of cases   (b) Detect new cases
   (c) Detect hidden/missing cases (d) Planning intervention for detected cases

60. Clients under DOT’s programme are grouped under
   (a) 1st category   (b) 2nd category
   (c) 3rd category   (d) 4th category

61. End product of protein is
   (a) Glucose       (b) Fatty acid
   (c) Amino acid    (d) Carbohydrates

62. In GOBI of UNICEF ‘O’ is used for
   (a) Observation   (b) Oral rehydration
   (c) Oral Polio    (d) Oral hygiene

63. Disposal of expired and cytotoxic drugs is by
   (a) Separate landfill disposal (b) Municipal waste
   (c) Autoclaving          (d) Chemical treatment

64. Which of the following is not spread by Aedes mosquito?
   (a) Dengue fever          (b) Chikungunya
   (c) Japanese encephalitis (d) Yellow fever

65. A 6 month pregnant women came to the sub center for consultation. Which of the following substance is contraindicated?
   (a) Tetanus toxoid        (b) Potassium iodate capsule 200 mg
   (c) Ferrous sulfate 200 mg (d) Retinol 2 lakh IU

66. Elements of primary health care are the following except
   (a) Health education  (b) Intersectoral coordination
   (c) Cost effectiveness (d) Provision of essential drugs

67. SAFE strategy is recommended for the control of
   (a) Trachoma          (b) Glaucoma
   (c) Diabetic retinopathy (d) Cataract

68. The most common complication of mumps in children is
   (a) Parotiditis      (b) Aseptic meningitis
   (c) Orchiditis       (d) Pancreatitis

69. Which of the following is recommended along with the intravenous administration of Quinine Sulfate for treatment of Malaria?
   (a) Hydrocortisone   (b) Multivitamin
   (c) Glucose          (d) Calcium gluconate

70. A women in a child bearing age receives a rubella vaccination. Nurse would give her which of the following instruction?
   (a) Refrain from eating eggs or egg products for 24 hours
   (b) Avoid having sexual intercourse
   (c) Don’t get pregnant at least for 3 month
   (d) Avoid exposure to sun
71. In case of a dog bite, the biting animal should be observed for at least
   (a) 5 days  (b) 10 days
   (c) 15 days  (d) 3 weeks

72. Decrease in the incidence of a disease to a level where it ceases to be a public health problem is
   (a) Control  (b) Elimination
   (c) Eradication  (d) Surveillance

73. One tablet of chlorine is efficient to chlorinate how many liters of water?
   (a) 10 liters  (b) 20 liters
   (c) 30 liters  (d) 40 liters

74. As per the latest guidelines, which of the following dehydration status requires ORS prescription?
   (a) Mild dehydration  (b) Moderate dehydration
   (c) Some dehydration  (d) Any dehydration

75. Earliest feature of vitamin A deficiency is
   (a) Dryness of conjunctiva  (b) Nyctalopia
   (c) Keratomalacia  (d) Hyphema

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