

A.12011/14/2024-MPSC (DR-II)
MIZORAM PUBLIC SERVICE COMMISSION
Mizoram New Capital Complex
Aizawl

Dated Aizawl, the 19th July, 2024

NOTIFICATION

It is hereby notified for information of all concerned that for recruitment to the 20 (twenty nos.) vacant posts of Assistant Sub-Inspector of Police (Ministerial) under Home Department which was advertised vide Advertisement (Group 'B' Non-Gazetted Post) No.4 of 2024-2025 dt. 04.07.2024, there shall be a minimum standard for physical measurement as well as for Physical Efficiency Test as prescribed in 'The Mizoram Police Manual, 2006' and, the same are reproduced as under:-

Minimum Standard for Physical Measurement in respect of Male Candidates:

	<u>General Category</u>	<u>Scheduled Caste/Scheduled Tribe Category</u>
Height	- 168cm	163 cm
Chest	- 84 cm (Normal) 89 cm (Expanded)	79 cm (Normal) 84 cm (Expanded)

In respect of **female candidates**, the minimum height shall be **157 cm** with minimum weight of **45 kg**. No chest measurement standard is prescribed for female candidates.

Minimum Standard for Physical Efficiency Test (PET) in respect of Male and Female Candidates :

Long Jump	- 2 m 70 cm
High Jump	- 90 cm
100 m Sprint	- 14 1/2 seconds
1 km Race	- 4 minutes 23 seconds

Sd/-VANLALTANPUIA
Joint Controller of Examinations

Memo No. A.12011/14/2024-MPSC (DR-II) : Dated Aizawl, the 19th July, 2024

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4. Additional Secretary, Mizoram Public Service Commission
5. Controller of Examinations, Mizoram Public Service Commission
6. Joint Secretary, Mizoram Public Service Commission
7. All Officers, Mizoram Public Service Commission
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9. IT Cell
10. Guard File


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