

**MIZORAM PUBLIC SERVICE COMMISSION**

**TECHNICAL COMPETITIVE EXAMINATIONS FOR RECRUITMENT TO THE POST OF  
GRADE-III OF MIZORAM HEALTH SERVICE (AYUSH SUB-CADRE)  
UNDER HEALTH & FAMILY WELFARE DEPARTMENT,  
GOVERNMENT OF MIZORAM. SEPTEMBER, 2023**

**TECHNICAL SUBJECT PAPER - II  
AYURVEDA**

Time Allowed : 2 hours

Full Marks : 200

*All questions carry equal marks of 2 each.  
Attempt all questions.*

1. Kha vaigunya is essential in?  
(a) Srotodushti (b) Doshadushya sammurchana  
(c) Sthanasamshraya (d) All the above
2. Which of the following kushtha having vata pradhanata?  
(a) Kapala Kushtha (b) Vicharchika  
(c) Parisarpa Kushtha (d) (a) & (b)
3. Which of the following is not among shadrupa of Rajyakshma?  
(a) Kasa (b) Raktapitta  
(c) Jwara (d) Aruchi
4. Contraindicated in vatika chardi?  
(a) Langhana Or Sthambana (b) Stambhana Or Vamana  
(c) Langhana or Shoshana (d) Vamana and Upavasa
5. Why Vatik prameha is asadhya?  
(a) Dosha Dushya Are Samakriya (b) Dosha Dushya Vishamkriya  
(c) Mahatyayika (d) All The Above
6. According to charaka in sannipataja atisara which is treated first?  
(a) Vata (b) Pitta  
(c) Kapha (d) None Of The Above
7. In Unmada which of the following is not having vibhramsha?  
(a) Bhakti (b) Cheshta  
(c) Aachara (d) Moha
8. After how many days nasya should be done in kushtha?  
(a) 15-15 days (b) 1-1 month  
(c) 6-6 month (d) 3-3 days
9. Which is correct regarding vatarakta?  
(a) Vata & Rakta Both Prakupita (b) Vata & Rakta Both Dushita  
(c) Vata Prakupita Or Rakta Dushita (d) Vata Dushita Or Rakta Prakupita

10. The symptoms of Sannipataja Murcha are almost equal to Sannipataja Apasmara, except  
(a) Chirat Pratibudyate (b) Saswedhaha Pratibhidiate  
(c) (a) & (b) (d) Bibhatsa Chesta
11. In Apasmara ,Unmada the Snehana Matra should \_\_\_\_\_ according Sushruta.  
(a) Ardhadivase Jiryate (b) Ahani Pari Jiryate  
(c) Ahoratraat Pari Jiryate (d) Ahani Chaturbhaje Jiryate
12. Atripiti is seen in \_\_\_\_\_ Maharoga as described by Charaka.  
(a) Vataja (b) Kaphaja  
(c) Pittaja (d) Vatapittaja
13. Vitamin K is used in  
(a) Bleeding Disorder (b) Liver Disorder  
(c) Hypokalemia (d) (a) & (b)
14. Virasa Is the lakshana of  
(a) Vataja Arochaka (b) Kaphaja Arochaka  
(c) Pittaka Arochaka (d) Agantuka Arochaka
15. Shotho Gandakshi Kutagaha is the lakshana of  
(a) Vidagdha Ajeerna (b) Vilambika  
(c) Vishtabhda Ajeerna (d) Amajeerna
16. In Madatyaya "Dwamsaka" is due to \_\_\_\_\_ according to Charaka Samhita.  
(a) Vataprakopa (b) Pittaprakopa  
(c) Kaphaprakopa (d) Vatapittaprakopa
17. Dosha in Padadaha according to Sushruta is  
(a) Pitta (b) Vatapitta  
(c) Vata (d) Vata Pitta Shonita
18. In the treatment of Vaatarakta, Charaka advises \_\_\_\_\_ Ghrita.  
(a) Shravanyaadi (b) Jeevaneeya  
(c) Paarushaka (d) (a),(b) & (c)
19. Vital capacity is decreased in  
(a) Asthma (b) Hemothorax  
(c) Hydrothorax (d) (a),(b) & (c)
20. Vital capacity includes  
(a) Inspiratory reserve value (b) Expiratory reserve value  
(c) Tidal Value (d) (a),(b) & (c)
21. These cause restrictive respiratory diseases  
(a) Myasthenia Gravis (b) (a) & (b)  
(c) Flail Chest (d) Epiglottis
22. 'Amrutaprashgruta' this medicine is describe for which disease as Rogadhikara?  
(a) Kshatakshina (b) Unmada  
(c) Rajyakshma (d) Apasmara

23. 'Pravrutistu Parigrahat' is a etiological factor for which disease?  
(a) Prameha (b) Jwara  
(c) Kushtha (d) Raktapitta
24. 'Mahagadam Mahavegamagnivachidrakaricha' this description for which disease?  
(a) Prameha (b) Jwara  
(c) Kushtha (d) Raktapitta
25. 'Gridhi Sarvarasanam' according to Charaka, this symptom is found in which disease?  
(a) Vataja Apasmara (b) Vataja Grahani  
(c) Pittaja Unmada (d) Atatwabhinivesha
26. 'Ratribali' symptom is observed in which disease?  
(a) Vatik Shwayathu (b) Shlaishmik Shwayathu  
(c) Paitik Shwayathu (d) Sannipatik Shwayathu
27. According to Charaka, description of Amla-Pitta disease include in which disease?  
(a) Grahani (b) Ajirna  
(c) Atisara (d) Gulma
28. What is treatment of mandagni which causes due to Udavarta?  
(a) Grutapana (b) Niruhasnehabasti  
(c) Doshashodhana (d) Arishta asava
29. Picha Basti is indicated in  
(a) Ghrudhrasi (b) Vatavyadhi  
(c) Amavata (d) Atisara
30. Ushapan Vidhi has been described by  
(a) Charaka (b) Vagbhata  
(c) Sushruta (d) Bhavprakasha
31. Formulation of Dantiharitaki is described in which disease of treatment adhyaya by Charaka?  
(a) Gulma (b) Vatarakta  
(c) Kushtha (d) Visarpa
32. According to Charaka Samhita which formulation is described in Shwayathu Chikitsa?  
(a) Chavyadi Ghrit (b) Changeri Ghrit  
(c) Gandiradyarishta (d) All of the above.
33. How to be given peya, kashaya, milk, ghee and virechana in jwara?  
(a) Saptame Saptame (b) Ashtame Ashtame  
(c) Shadahe Shadahe (d) Navame Navame
34. 'Paryakula Dushtirdhirata' are symptoms of \_\_\_\_\_ vyadhi.  
(a) Sanyasa (b) Murccha  
(c) Apasmara (d) Unmada
35. According to Charak in dushyasangraha of Prameha roga \_\_\_\_\_ dhatu is not included.  
(a) Oja (b) Majja  
(c) Asthi (d) Shukra

36. According to Charaka \_\_\_\_\_ vyadhi arises of Pandu Vyadhi.  
(a) Rudhapatha Kamala (b) Bahupitta Kamala  
(c) Alpapitta Kamala (d) All above
37. According to Charak Uttan Vatarakta Vyadhi occurs in \_\_\_\_\_ dhatu.  
(a) Rasa Rakta (b) Twacha Mansa  
(c) Twacha Rakta (d) Rakta Mansa
38. Amenorrhoea or oligomenorrhoea are the commonest presentation of Female \_\_\_\_\_ Disease.  
(a) Gonadal (b) Adrenal  
(c) Glucocorticoid (d) Prednisolone
39. What is cause of acromegaly?  
(a) ACTH excess (b) GHRH deficiency  
(c) GHRH excess (d) ATCH deficiency
40. Electrocardiogram (ECG) may reveal J wave or Osborn wave (positive deflection) in the terminal portion of the QRS complex, most notable in leads(II, V5, V6) found in \_\_\_\_\_.  
(a) Hypothermia (b) Hyperthermia  
(c) Hypokalemia (d) Hyperkalemia
41. Heat stroke is a life-threatening medical emergency with core body temperature over \_\_\_\_\_.  
(a) 37 degree (b) 37.5 degree  
(c) 40 degree (d) 42 degree
42. Cardinal symptom of Apasmar is \_\_\_\_\_.  
(a) Jwara (b) Akshep  
(c) Shool (d) Bhrama
43. Trasan chikitsa is described in \_\_\_\_\_.  
(a) Apasmar (b) Jwara  
(c) Unmad (d) Atisar
44. Out of following which disease is mahagada?  
(a) Attatvabhinivesh (b) Jwara  
(c) Atisara (d) Pandu
45. Atropin and Pralidoxime (2-PAM) is the specific antidote for \_\_\_\_\_.  
(a) Anticholinergic (b) Anticholinesterases  
(c) Benzodiazepines (d) Cyanide
46. "Ranson Criteria" is for assessing the severity of \_\_\_\_\_.  
(a) Head injury (b) Acute pancreatitis  
(c) Wilson Disease (d) Acute cholecystitis
47. Main valve involvement in "Rhumatic Fever" \_\_\_\_\_.  
(a) Mitral valve (b) Aortic valve  
(c) Pulmonary valve (d) Tricuspid valve
48. Rhumatic fever \_\_\_\_\_ type of infection.  
(a) Pnumococcal infection (b) Stephylococcal infection  
(c) Streptococcal infection (d) Fungal infection

49. Number of Mutraghat as per Charak  
(a) 2 (b) 4  
(c) 6 (d) 8
50. Sarpi guda is useful in this disease  
(a) Urakshata (b) Atisara  
(c) Grahani (d) All these
51. Description of "Medhya Rasayana" in \_\_\_\_\_.  
(a) Pranakamiya Rasayana (b) Abhayamalakiya Rasayana  
(c) Karaprachitiya Rasayana (d) Ayurvedsamuthaniyapada
52. Best Vajikarana Dravya \_\_\_\_\_.  
(a) Shatavari (b) Maash  
(c) Stree (d) Kewanch Beeja
53. Shatavari Ghrita" explained in \_\_\_\_\_.  
(a) Asikthakshirsiya vajikarana pada (b) Pumanjatbaladika vajikarana pada  
(c) Mashaparna vajikarana pada (d) Samprayogsharamuliya vajikarana pada
54. Shreshta Dravya of Medhya Rasayan is \_\_\_\_\_.  
(a) Guduchi (b) Shankhapushpi  
(c) Shunthi (d) Maricha
55. Tuni and Pratituni are the types of  
(a) Vataroga (b) Pittaroga  
(c) Shook roga (d) Kshudra roga
56. What is indicated in "Kevala-Rasayana"?  
(a) Milk (b) Amalaki  
(c) Mansa (d) Pippali
57. How many "Triphala Rasayana" mentioned in Charak Samhita?  
(a) 1 (b) 2  
(c) 3 (d) 4
58. "Achar-Rasayana" mentioned in \_\_\_\_\_.  
(a) Manas Rog (b) Vatavyadhi  
(c) Apatarpan Chikitsa (d) Santarpan Chikitsa
59. For Rasayana Guna of Pippali, required duration is \_\_\_\_\_.  
(a) 1 year (b) 6 months  
(c) 7 Days (d) >1 year
60. Best Shilajeet is \_\_\_\_\_.  
(a) Lauha (b) Tamra  
(c) Suvarana (d) Rajat
61. Duration & Dose of Shilajeeta as Uttam yoga \_\_\_\_\_.  
(a) 7Days & 1 Tola (b) 21 Days & 2 Tola  
(c) 49 Days & 4 Tola (d) None of these

62. Pippali Rasayana Dose is \_\_\_\_\_.
- (a) 100 (b) 500  
(c) 300 (d) 1000
63. Indication of Vajikarana Chikitsa is \_\_\_\_\_ prapti.
- (a) Bala (b) Aapatya  
(c) Medha (d) Smruti
64. For vitiated Vata, Pitta & Kapha Dosha subsequently "Taila, Sarpi& \_\_\_\_\_" is indicated.
- (a) Makshika (b) Vasa  
(c) Majja (d) Lauha
65. Best Kasa-Shwasa Hara Rasayana" is \_\_\_\_\_ rasayan.
- (a) Chyavanprash (b) Amalaki  
(c) Haritaki (d) Nagbala
66. How many Vrishya Yogas are described in the first pada of Vajikarana Adhaya of Charak samhita?
- (a) 13 (b) 15  
(c) 17 (d) 19
67. How many Vrishya Yogas are described in the Vajikarana Adhaya of Charak samhita?
- (a) 50 (b) 52  
(c) 54 (d) 56
68. Which one of the following is Vrishya?
- (a) Urad Dal (b) Mug Dal  
(c) Rajmah (d) Pea
69. Which one of the following group of medicine are considered as Vrishya?
- (a) Jivaniya (b) Vringhaniya  
(c) Sukral (d) All of the above
70. Which one of the following is considered as Vrishya?
- (a) Atmagupta (b) Punarnava  
(c) Tulsi (d) Varun
71. The benefit of consuming Vajikarana is achievement of
- (a) Dharma (b) Artha  
(c) Priti (d) All of the above
72. How many vajikarana padas are described in Charak samhita?
- (a) 1 (b) 2  
(c) 3 (d) 4
73. Name of the first pada of Rasayana of Ckarak samhita is
- (a) Avayaamlakiya (b) Pranakamiya  
(c) Karaprachitiya (d) Ayurvedsamuthaniya
74. How many rasayana yogas are described in Charak samhita?
- (a) 50 (b) 55  
(c) 60 (d) 63

75. Types of Rasayana are

- (a) 2 (b) 3  
(c) 4 (d) 5

76. \_\_\_\_\_ Mahabhut present in Snigdha Guna.

- (a) Pruthvi & Aap (b) Aap & Teja  
(c) Pruthvi & Teja (d) Pruthvi & Vayu

77. According to Yonibheda Snehabheda are \_\_\_\_\_ types.

- (a) One (b) Two  
(c) Three (d) Four

78. \_\_\_\_\_ is the best example of Sthavar Sneha.

- (a) Majja (b) Ghrita  
(c) Tila tail (d) Vasa

79. Quantity of Taila in Shirobasti is \_\_\_\_\_ Angula above the scalp.

- (a)  $\frac{1}{2}$  (b) 1  
(c) 2 (d)  $2\frac{1}{2}$

80. Sadya Snehan can be done in \_\_\_\_\_.

- (a) Krura koshti Atur (b) Alpa Dosha Yukta Atur  
(c) Uttam Bala Yukta Atur (d) Vatapradhanta

81. Shirobasti Yantra Praman is \_\_\_\_\_ Angula.

- (a) 8 (b) 10  
(c) 12 (d) 14

82. Use of only (Kewal) Shudha Sneha is called as \_\_\_\_\_ Sneha.

- (a) Shaman (b) Shodhan  
(c) Sadya (d) Accha

83. Total number of Snehavicharana are \_\_\_\_\_.

- (a) 26 (b) 28  
(c) 22 (d) 24

84. Akshitarapan Kaal in Vartmarog is \_\_\_\_\_ Matra.

- (a) 200 (b) 300  
(c) 100 (d) 400

85. Total number of Swedan properties are \_\_\_\_\_.

- (a) 9 (b) 7  
(c) 5 (d) 8

86. \_\_\_\_\_ Gana are included in Upanah Sweda.

- (a) Kakolyadi (b) Eladi  
(c) Vidangadi (d) Surasadi

87. Ushnasadan is a type of \_\_\_\_\_ Sweda.

- (a) Agni (b) Anagni  
(c) Nadi (d) Prastar

88. Valukapottali Sweda is a \_\_\_\_\_ Type of sweda.  
(a) Ruksha (b) Snigdha  
(c) Prastar (d) Upanah
89. According to Sushruta Agni Swedan types are \_\_\_\_\_.  
(a) 2 (b) 3  
(c) 4 (d) 6
90. In Shasthikashali Pinda Sweda, quantity of Balamula is \_\_\_\_\_ Pal  
(a) 12 (b) 10  
(c) 8 (d) 6
91. Atap Sevana is a type of \_\_\_\_\_ Sweda.  
(a) Agni (b) Anagni  
(c) Tap (d) Upanah
92. Before any Shodhan procedure \_\_\_\_\_ medicine should be given to the patient.  
(a) Bruhan (b) Santarpan  
(c) Stambhan (d) Pachan
93. \_\_\_\_\_ Ksheer is used for both Vaman and Virechan.  
(a) Snuhi (b) Arka  
(c) Ashmantak (d) Amruta siddha Ksheer
94. Parihar Kal is \_\_\_\_\_ days of the Shodhan procedure.  
(a) Same (b) Dwiguna  
(c) Triguna (d) Half
95. The Uttam Vega Shuddhi in Vamana \_\_\_\_\_.  
(a) 6 (b) 4  
(c) 8 (d) 2
96. Virechana is contraindicated in \_\_\_\_\_.  
(a) Muktanal (b) Santarpanotta Prameha  
(c) Urdhwag Raktapitta (d) Kushtha
97. Virechan is indicated in \_\_\_\_\_.  
(a) Sarvang Daha (b) Muktanaal  
(c) Chidrodar (d) Stravi Arsha
98. Who describe Raktamaokshana as fifteh procedure of panchakarma?  
(a) Charak (b) Susruta  
(c) Harit (d) Vagbhata
99. Which of the following is used for Raktamokshana in Vataja Roga?  
(a) Shringa (b) Jalauka  
(c) Alabu (d) All of the above.
100. Which of the following is used for Raktamokshana in Pittaja Roga?  
(a) Shringa (b) Jalauka  
(c) Alabu (d) All of the above