

MIZORAM PUBLIC SERVICE COMMISSION
COMPETITIVE EXAMINATIONS FOR
DISTRICT SOCIAL WELFARE OFFICER (DSWO)
UNDER SOCIAL WELFARE & TRIBAL AFFAIRS DEPARTMENT,
GOVERNMENT OF MIZORAM, AUGUST-2023

PAPER-III (SOCIAL WORK)

Time Allowed : 3 hours

FM : 200

SECTION - A (Multiple Choice questions) (100 Marks)

All questions carry equal marks of 2 each. Attempt all questions.

*This Section should be answered only on the **OMR Response Sheet** provided.*

1. The method employed by Social workers to help individuals to find solution to problem-
(a) Case work (b) Group work
(c) Social work research (d) Community Organization
2. The book 'Social Diagnosis' is written by
(a) Harris (b) Mary Richmond
(c) HY. Siddiqui (d) Sigmund Freud
3. The book 'Social Group Work- A Helping Process' is authored by
(a) HB. Trecker (b) Konopka G
(c) Peter Samuel (d) GH. Mead
4. Who adopted the landmark document, the universal declaration of human rights?
(a) UNESCO (b) UNICEF
(c) UNO (d) NATO
5. NHRC (National Human Rights Commission) of India is constituted in the year
(a) 1993 (b) 1992
(c) 1991 (d) 1990
6. Which of the following article of the Indian constitution prohibits child labour?
(a) Article 23 (b) Article 24
(c) Article 25 (d) Article 26
7. Who among the following propounded the modern principles of Natural Justice?
(a) Locke (b) J.S. Mill
(c) A.V. Dicey (d) John Rawals
8. National Human Right commission is a
(a) Constitutional body (b) Statutory body
(c) Executive body (d) Non Governmental Body
9. Which of the following is not source of social problem?
(a) Poverty (b) Personal disorganization
(c) Social change (d) Personal development

10. One of the following is not a type of unemployment
 - (a) Seasonal unemployment
 - (b) Agricultural unemployment
 - (c) Cyclical unemployment
 - (d) Permanent Unemployment
11. The letter 'CO' in Luther Gulick's POSDCORB stands for
 - (a) Coping
 - (b) Cooperation
 - (c) Coordinating
 - (d) Correspondence
12. One of the following is not a principle of social welfare administration
 - (a) Principle of evaluation
 - (b) Principle of co-ordination
 - (c) Principle of Planning
 - (d) Principle of monitoring
13. Health is the absence of
 - (a) Worries & Tension
 - (b) Pain
 - (c) Disease
 - (d) Illness
14. DOTS stands for
 - (a) Directly observed treatment short course
 - (b) District Organized TB Survey
 - (c) Directly Observed Tetanus Shot
 - (d) Directly Organized Treatment Short Course
15. An important factor in substance abuse
 - (a) Settlement in rural or urban areas
 - (b) Family members are continuous substance abusers
 - (c) Socio economic condition of family
 - (d) Size of family
16. Full form of OST
 - (a) Opioid Substitution Treatment
 - (b) Opioid Subtraction Treatment
 - (c) Organized Substitution Treatment
 - (d) Oral Substitution Training
17. The term "counseling" is coined by
 - (a) Frank Parsons
 - (b) Carl Rogers
 - (c) Cifford Beers
 - (d) Sigmund Freud
18. Maintaining eye contact, being alert and attentive while listening and talking during counseling shows
 - (a) Guidance
 - (b) Advocacy
 - (c) Genuine interest
 - (d) Protection
19. Counseling is an _____ process through which guidance and support is provided to persons with psychological problems
 - (a) Interpersonal
 - (b) Intrapersonal
 - (c) Integral
 - (d) End
20. Correlation is data analysis shows
 - (a) Relationship
 - (b) Difference
 - (c) Both (a) & (b)
 - (d) Neither (a) nor (b)
21. Group Work Theories and Practice is written by
 - (a) G Hamilton
 - (b) M.G Ross
 - (c) H.Y Siddiqui
 - (d) Grace Mathew
22. Conflict theory helps in understanding
 - (a) Cliques
 - (b) Triad
 - (c) Diad
 - (d) All of the above

23. John Rawls is associated with
(a) Liberty (b) Justice
(c) Culture (d) Religion
24. The Magna Carta was passed in the year
(a) 1212 (b) 1213
(c) 1214 (d) 1215
25. The characteristics of Human Rights includes
(a) Indivisibility (b) Alienability
(c) Specificity (d) None of the above
26. Duty bearers include
(a) Victims (b) Stake holders
(c) Common people (d) All of the above
27. The Convention on the Elimination of all forms of Discrimination against Women was adopted in
(a) 1978 (b) 1979
(c) 1980 (d) 1981
28. In India Poverty is measured in
(a) Absolute sense (b) Relative sense
(c) Consumption sense (d) Expenditure sense
29. A situation where the contribution of workers to production is zero is a characteristic of
(a) Underemployment (b) Disguised unemployment
(c) Open unemployment (d) Educated unemployment
30. U=U is a concept used in
(a) Substance Use (b) Alcoholism
(c) HIV/AIDS (d) All of the above
31. Differential Association is associated to understanding delinquency through
(a) Biology (b) Physiology
(c) Genetics (d) Social Environment
32. The function of social welfare includes
(a) Social Provisions (b) Social Service
(c) Social Action (d) All of the above
33. The classical approach to administration emerged as a result of
(a) The American War of Independence (b) The French Revolution
(c) The Industrial Revolution (d) The Russian Revolution
34. Grants-in aid is given by
(a) Individuals (b) Non-Government Organizations
(c) International Donors (d) Government
35. Depression comes under
(a) Anxiety Disorder (b) Personality Disorder
(c) Mood Disorder (d) None of the Above
36. Saliva based self-test kit is associated with
(a) Pregnancy (b) HIV/AIDS
(c) Covid-19 (d) Diabetes

37. Anorexia is a
(a) Lifestyle illness (b) Mental illness
(c) Personality Disorder (d) Substance Use Disorder
38. Child Health Screening and Early Intervention Services comes under
(a) Integrated Disease Surveillance Programme (IDSP)
(b) Janani Shishu Suraksha Karyakram(JSSK)
(c) Integrated Management of Neonatal and Childhood Illnesses (IMNC)
(d) Rashtriya Bal Swasthya Karyakram (RBSK)
39. Psychiatric Social Work comes under
(a) Health Social Work (b) Mental Health Social Work
(c) Disability Social Work (d) None of the Above
40. ICD-10 is associated to
(a) STD (b) Substance Use Disorder
(c) HIV/AIDS (d) Life Style Disease
41. Marijuana is a
(a) Narcotic Analgesics (b) Cannabis
(c) Depressants (d) Stimulant
42. National Aids Control Programme (NACP) IV has
(a) 3 Components (b) 4 Components
(c) 5 Components (d) 6 Components
43. Psychotherapy can be used by
(a) A Psychiatrist (b) A Psychologist
(c) A Psychiatric Social Worker (d) All of the Above
44. Psychodynamic Theories originated from
(a) Sigmund Freud's Theory (b) B.F Skinner's Theory
(c) Ivan Pavlov's Theory (d) Carl Roger's Theory
45. The theory that looks into a person as a whole is
(a) Psychodynamic Theory (b) Cognitive Behavioural Theory
(c) Existential Theory (d) Humanistic Theory
46. Research process starts with
(a) Formulation of Plan (b) Selection of Topic
(c) Problem Identification (d) Data Collection
47. The type of Research Design constitutes
(a) Experimental (b) Qualitative
(c) Quantitative (d) Participatory
48. Participatory Research Techniques comes under
(a) Quantitative Method (b) Qualitative Method
(c) Both a and b (d) None of the Above
49. NVivo is used to analyze
(a) Quantitative Data (b) Qualitative Data
(c) Both a and b (d) None of the Above
50. Ethics of research includes
(a) Safety (b) Consent
(c) Confidentiality (d) All of the Above

SECTION - B (Short answer type question) (100 Marks)

Answer any ten (10) from the following questions.

*This Section should be answered only on the **Answer Sheet** provided.*

1. Discuss the various principles of social case work with suitable examples. (10)
2. Write short notes on *any two* of the following: (2×5=10)
 - (a) Liberty
 - (b) Equality
 - (c) Refugees
3. Discuss the relationship between human rights and social justice in social work perspective. (10)
4. Critically examine the causes and consequences of unemployment among youth in India. Give your suggestions to solve the problem of unemployment in India. (10)
5. Write short notes on *any two* of the following: (5+5=10)
 - (a) Poverty
 - (b) Delinquency
 - (c) Under-employment
6. Define social welfare administration. Explain the principles of social welfare administration with examples. (10)
7. Formulate a project on any topic of your choice related to any vulnerable population in Mizoram. (10)
8. Critically examine primary health care systems in India with suitable examples. (10)
9. What is hospital social work? Discuss the scope of hospital social work in Mizoram. (2+8=10)
10. Write short notes on *any two* the following: (5+5=10)
 - (a) Substance use
 - (b) Misuse Abuse
 - (c) Addiction
11. Discuss any one legislation prohibiting substance abuse in Mizoram. (10)
12. Discuss the ethical issues in counselling in India with examples. (10)
13. Illustrate on the significance of skills and techniques in counselling. (10)
14. Discuss any one type of research design with examples. (10)